

事实上

儿童虐待和儿童/青少年幸福之间的关系

遭受虐待或暴力会打乱儿童和青少年的身体、情感和智力发育过程。与虐待有关的风险包括儿童和青少年身体健康发生变化、社会心理功能受损、心理健康状况和大脑结构产生变化。防止儿童虐待和忽视可以改善儿童和青少年的健康和生活质量。

1

身体健康：童年时期所受的虐待几乎使整体健康不佳的危险加倍，包括增加以下风险：(4-5)

哮喘 (1·6-7)	瘀伤 (4)
创伤性脑损伤 (4·7-10)	烧伤 (4)
性传播疾病 (4-5)	骨折 (4·7)
意外怀孕 (11-12)	肥胖 (4·7·13-14)
约会暴力 (14-15)	

2

青少年犯罪（社会心理功能受损）：受过虐待的儿童和青少年社会心理功能可能受损，包括：

行为更具攻击性 (1-2·4·11·16-17)	饮酒 (6·11-12·19·26-27)
逃学 (17-18)	酗酒 (6·26)
离家出走 (18-19)	吸烟 (6·14·19·28)
打架 (6·20-22)	药物滥用 (4·6·11·13·19·29-32)
携带武器 (18·20-24)	早期性行为 (5·11·26·31)
使用武器威胁他人 (18·22)	危险性行为 (2·5·12·19·33)
暴力 (25)	

3

心理健康：遭受创伤可能会在整个发育阶段对儿童和青少年的心理健康产生严重后果，包括：

感情障碍和行为障碍 (2·4·12)	焦虑 (1·5·11·17·29·31·36)
反社会行为 (17)	自杀念头 (21·31·36·38)
创伤后应激障碍 (2·4-5·12·17·20·29·34-35)	自残行为 (20-21·31·39-43)
抑郁症 (2·5-6·11·13·17·19·20·22·36)	

4

大脑结构变化：童年时期受到虐待可能导致大脑结构发生变化，造成以下后果：(2-4·11-12·14·26)

感官和运动技能缺陷 (9)	身体健康恶化 (2·4·10)
学习成绩差 (1·2·44)	心理健康问题以及
认知加工和语言习得障碍 (2·9·33)	适应不良行为 (2-4·9·11·33·45)

1. Cohen, E., Groves, B., & Kracke, K. (2009). Understanding children's exposure to violence. *The Safe Start Center Series on Children Exposed to Violence*, 1, 1-8.
2. Grayson, J. (2006). Maltreatment and its effects on early brain development. *Virginia Child Protection Newsletter*, 77, 1-16.
3. Twardosz, S., & Lutzker, J. R. (2010). Child maltreatment and the developing brain: A review of neuroscience perspectives. *Aggression and Violent Behavior*, 15(1), 59-68.
4. Leeb, R., Lewis, T., & Zolotor, A. J. (2011). A review of physical and mental health consequences of child abuse and neglect and implications for practice. *American Journal of Lifestyle Medicine*, 5(5), 454-468.
5. Trickett, P. K., Noll, J. G., & Putnam, F. W. (2011). The impact of sexual abuse on female development: Lessons from a multigenerational, longitudinal research study. *Development and Psychopathology*, 23(2), 453-476.
6. Lanier, P., Jonson-Reid, M., Stahlschmidt, M. J., Drake, B., & Constantino, J. (2010). Child maltreatment and pediatric health outcomes: A longitudinal study of low-income children. *Journal of Pediatric Psychology*, 35(5), 511-522.
7. Clark, D. B., Thatcher, D. L., & Martin, C. S. (2010). Child abuse and other traumatic experiences, alcohol use disorders, and health problems in adolescence and young adulthood. *Journal of Pediatric Psychology*, 35(5), 499-510.
8. Ashton, R. (2010). Practitioner review: Beyond shaken baby syndrome: what influences the outcomes for infants following traumatic brain injury? *The Journal of Child Psychology and Psychiatry*, 51(9), 967-980.
9. Makaroff, K. L., & Putnam, F. W. (2003). Outcomes of infants and children with inflicted traumatic brain injury. *Developmental Medicine & Child Neurology*, 45(7), 497-502.
10. Morad, Y., Wygnansky-Jaffe, T., & Levin, A. V. (2010). Retinal haemorrhage in abusive head trauma. *Clinical & Experimental Ophthalmology*, 38(5), 514-520.
11. Gilbert, R., Widom, C. S., Browne, K., Fergusson, D., Webb, E., & Janson, S. (2009). Burden and consequences of child maltreatment in high-income countries. *Lancet*, 373(9657), 68-81.
12. Olafson, E. (2011). Child sexual abuse: Demography, impact, and interventions. *Journal of Child & Adolescent Trauma*, 4(1), 8-21.
13. Hussey, J. M., Chang, J. J., & Kotch, J. B. (2006). Child maltreatment in the United States: Prevalence, risk factors, and adolescent health consequences. *Pediatrics*, 118(3), 933-942.
14. Zimmerman, F., & Mercy, J. A. (2010). Child maltreatment prevention as a public health priority. *Zero to Three*, May, 4-10.
15. Cyr, M., McDuff, P., & Wright, J. (2006). Prevalence and predictions of dating violence among adolescent female victims of child sexual abuse. *Journal of Interpersonal Violence*, 21(8), 1000-1017.
16. Kotch, J. B., Lewis, T., Hussey, J. M., English, D., Thompson, R., Litrownik, A. J., ... Dubowitz, H. (2008). Importance of early neglect for childhood aggression. *Pediatrics*, 121(4), 725-731.
17. Lansford, J. E., Dodge, K. A., Pettit, G. S., Bates, J. E., Crozier, J., & Kaplow, J. (2002). A 12-year prospective study of the long-term effects of early child physical maltreatment on psychological, behavioral, and academic problems in adolescence. *Archives of Pediatrics & Adolescent Medicine*, 156(8), 824-830.
18. Grogan-Kaylor, A., Ruffolo, M. C., Ortega, R. M., & Clarke, J. (2008). Behaviors of youth involved in the child welfare system. *Child Abuse & Neglect*, 32(1), 35-49.
19. Flaherty, E. G., Thompson, R., Litrownik, A. J., Theodore, A., English, D. J., Black, M. M., ... Dubowitz, H. (2006). Effect of early childhood adversity on child health. *Archives of Pediatrics & Adolescent Medicine*, 160(12), 1232-1238.
20. Mullers, E. S., & Dowling, M. (2008). Mental health consequences of child sexual abuse. *British Journal of Nursing* 17(22), 1428-1433.
21. Duke, N. N., Pettingell, S. L., McMorris, B. J., & Borowsky, I. W. (2010). Adolescent violence perpetration: Associations with multiple types of adverse childhood experiences. *Pediatrics*, 125(4), e778-786.
22. Herrera, V. M., & McCloskey, L. A. (2003). Sexual abuse, family violence, and female delinquency: Findings from a longitudinal study. *Violence and Victims*, 18(3), 319-334.
23. Lewis, T., Leeb, R., Kotch, J., Smith, J., Thompson, R., Black, M. M., ... Coyne-Beasley, T. (2007). Maltreatment history and weapon carrying among early adolescents. *Child Maltreatment*, 12(3), 259-268.
24. Leeb, R. T., Barker, L. E., & Strine, T. W. (2007). The effect of childhood physical and sexual abuse on adolescent weapon carrying. *Journal of Adolescent Health*, 40(6), 551-558.
25. Maas, C., Herrenkohl, T. I., & Sousa, C. (2008). Review of research on child maltreatment and violence in youth. *Trauma, Violence, & Abuse*, 9(1), 56-67.
26. Hornor, G. (2010). Child sexual abuse: consequences and implications. *Journal of Pediatric Health Care*, 24(6), 358-364.
27. Hamburger, M. E., Leeb, R. T., & Swahn, M. H. (2008). Childhood maltreatment and early alcohol use among high-risk adolescents. *Journal of Studies on Alcohol and Drugs*, 69(2), 291-295.
28. Lewis, T. L., Kotch, J., Wiley, T. R., Litrownik, A. J., English, D. J., Thompson, R., ... Dubowitz, H. (2011). Internalizing problems: A potential pathway from childhood maltreatment to adolescent smoking. *Journal of Adolescent Health*, 48(3), 247-252.
29. De Bellis, M. D., Spratt, E. G., & Hooper, S. R. (2011). Neurodevelopmental biology associated with childhood sexual abuse. *Journal of Child Sexual Abuse*, 20(5), 548-587.
30. Dube, S. R., Felitti, V. J., Dong, M., Chapman, D. P., Giles, W. H., & Anda, R. F. (2003). Childhood abuse, neglect, and household dysfunction and the risk of illicit drug use: The adverse childhood experiences study. *Pediatrics*, 111(3), 564-572.
31. Daigneault, I., Hebert, M., & Tourigny, M. (2006). Attributions and coping in sexually abused adolescents referred for group treatment. *Journal of Child Sexual Abuse*, 15(3), 35-59.
32. Rogosch, F. A., Oshri, A., & Cicchetti, D. (2010). From child maltreatment to adolescent cannabis abuse and dependence: A developmental cascade model. *Development and Psychopathology*, 22(4), 883-897.
33. Brown, L. K., Houck, C. D., Hadley, W. S., & Lescano, C. M. (2005). Self-cutting and sexual risk among adolescents in intensive psychiatric treatment. *Psychiatric Services*, 56(2), 216-218.
34. De Bellis, M. D. (2001). Developmental traumatology: The psychobiological development of maltreated children and its implications for research, treatment, and policy. *Development and Psychopathology*, 13(3), 539-564.
35. Maikovich, A. K., Koenen, K. C., & Jaffee, S. R. (2009). Posttraumatic stress symptoms and trajectories in child sexual abuse victims: An analysis of sex differences using the National Survey of Child and Adolescent Well-Being. *Journal of Abnormal Child Psychology*, 37(5), 727-737.
36. Cohen, R. T., Canino, G. J., Bird, H. R., & Celedon, J. C. (2008). Violence, abuse, and asthma in Puerto Rican children. *American Journal of Respiratory and Critical Care Medicine*, 178(5), 453-459.
37. Bagley, C., & Mallick, K. (2000). Prediction of sexual, emotional, and physical maltreatment and mental health outcomes in a longitudinal cohort of 290 adolescent women. *Child Maltreatment*, 5(3), 218-226.
38. Sankey, M. (2003). Suicide and risk-taking deaths of children and young people. Sydney, Australia: NSW Commission for Children and Young People. Available at <http://www.kids.nsw.gov.au/uploads/documents/srtreport.pdf>
39. Dubo, E. D., Zanarini, M. C., Lewis, R. E., & Williams, A. A. (1997). Childhood antecedents of self-destructiveness in borderline personality disorder. *Canadian Journal of Psychiatry*, 42(1), 63-69.
40. Glassman, L. H., Weierich, M. R., Hooley, J. M., Deliberto, T. L., & Nock, M. K. (2007). Child maltreatment, non-suicidal self-injury, and the mediating role of self-criticism. *Behaviour Research and Therapy*, 45(10), 2483-2490.
41. Nock, M. K. (2009). Why do people hurt themselves? New insights into the nature and functions of self-injury. *Current Directions in Psychological Science*, 18(2), 78-83.
42. Yates, T. M. (2004). The developmental psychopathology of self-injurious behavior: Compensatory regulation in posttraumatic adaptation. *Clinical Psychology Review*, 24(1), 35-74.
43. Yates, T. M., Carlson, E. A., & Egeland, B. (2008). A prospective study of child maltreatment and self-injurious behavior in a community sample. *Development and Psychopathology*, 20(2), 651-671.
44. Slade, E. P., & Wissow, L. S. (2007). The influence of childhood maltreatment on adolescents' academic performance. *Economics of Education Review*, 26(5), 604-614.
45. Gustafsson, P. E., Nelson, N., & Gustafsson, P. A. (2010). Diurnal cortisol levels, psychiatric symptoms and sense of coherence in abused adolescents. *Nordic Journal of Psychiatry*, 64(1), 27-31.

事实上，得到了美国司法部少年司法与犯罪预防办公室颁发的、编号为 2009-CI-FX-K010、2010-CI-FX-K005 和 2011-CI-FX-K003 的补助金的支持。本文档中的观点或意见均为作者的观点或意见，并不一定代表美国司法部的官方立场或政策。